

## INFORMATION LEAFLET

### FULL GLUCOSE TOLRANCE TEST

You will be aware that we recently checked your blood sugar level. The results of this show a raised sugar level. This is not uncommon in pregnancy so do not change your diet. However, we do need to re-check the sugar level more accurately. This will involve performing a **Full Glucose Tolerance Test (Full GTT)**.

#### **Instructions to follow prior to the test**

Please have nothing to eat or drink from midnight the previous evening. You may have sips of water only. Please do not smoke before the test.

The test is usually performed in the morning and will take approximately 2 – 3 hours. You will be given a sugar drink and then have a series of blood tests (maximum 3). Your results should be available within 48 hours.

If you have any questions about the test, please do not hesitate to contact the centre or discuss with your consultant.

Please telephone 0207 751 4488 to make an appointment to have this done.