

Newborn & Early Years 1st Aid

- Getting help in the UK
- Initial assessment and ABC
- Infant & Toddler resuscitation (CPR 2010 Guidelines) - THEORY & PRACTICAL
- Managing Choking in the infant & toddler - THEORY & PRACTICAL
- SIDS guidelines
- Recovery Position

- Bleeding & Shock
- Burns/Scalds
- Febrile convulsions
- Anaphylactic shock
- Head injuries, concussion & compression
- Poisoning

- What to have in your 1st Aid kit
- Useful babysitter information

The course also includes

- ***a folder of 20 page class notes to take home***
- ***certificate of attendance that remains valid for 3 years***

**Babies are welcome and the WWC has feeding and changing facilities.
Light refreshments will be offered throughout the course.
For further information regarding classes please do not hesitate to contact
the midwives Samantha or Kristina at The Women's Wellness Centre on
02077514488 to discuss.**