

Mini Glucose Tolerance Test

Glucose Tolerance

This test is done to see if you have diabetes in pregnancy. (Diabetes means too much sugar in the blood). This can cause problems in your pregnancy and may affect your health.

The test is done around 26-28 weeks of pregnancy. It includes a full blood count (iron level) and an antibody screen.

You will need a 380ml bottle of Lucozade, you should only drink 300mls, which is 2/3 of the bottle.

For the Test

- You should fast for one hour before drinking the Lucozade.
- The Lucozade must be drunk within 5-10 minutes.
- The blood sample must be taken an hour (1 hour) after you finish the Lucozade. (Please note that any sooner than an hour or after an hour, means the test cannot be done).
- No other food or drink must be consumed prior to the blood sample being taken.

**IT IS IMPORTANT THAT THESE INSTRUCTIONS ARE FOLLOWED OTHERWISE THE TEST
MAY GIVE THE WRONG RESULT.**