

# The Women's Wellness Centre

An ObsgynCare facility at 204 Fulham Road



## 3D-4D Recreational Baby Scan FAQs

### 1) What is 4D Ultrasound?

The latest Ultrasound technology adds the fourth dimension of time to a 3D scan image resulting in a moving 3D image of your unborn child.

### 2) How much time should I allow for the 3D/4D scan?

The appointment length for our 3D and 4D scans is 40 minutes. This is to allow for scanning and preparation of the DVD and prints. Our policy is not to exceed the scanning time beyond 30 minutes. Usually the scanning time will range from 10-30 minutes to allow for a 5-10 minute recording. As your baby may not be in an ideal position on arrival the length of appointment will allow time for the baby to change position. You will also have time to move or walk around in order to get the best views of the baby.

### 3) When is the best time to have the 3D/4D scan?

For optimal 3D scan and 4D scan images the best time to arrange a visit is between **24 and 32 weeks** (after you've had your fetal anomaly scan at 20-22 weeks).

### 4) When is the best time to carry out the 3D/4D scan on twins?

Women with twins wishing to attend for a 3D and 4D baby scan should visit at around 25 weeks, as twins have less space. Please note with the 3D and 4D scanning it is usually not possible to see both babies in the same image area.

### 5) What determines the quality of my 3D/4D images?

The quality of your 3D scan images and 4D scan movie are determined by the baby's position, amount of amniotic fluid around the baby (the more the better) and the amount of tissue (skin, fat and muscle) between the probe and the baby. The most important factor in 3D and 4D baby scanning is the baby's position. If the baby is lying in a difficult position a satisfactory ultrasound scan may be difficult.

### 6) How many guests can I bring into the scanning room?

We are only able to accommodate up to 2 members of your family or friends at one time.

### 7) Do I need any other scans?

3D and 4D ultrasound scans should be regarded as additional scans and are not part of your routine antenatal care.

### 8) How long before I get my images?

All your products will be available to take away on the day. If however, we encounter any unexpected delays in the processing we will send out the images by post within 2 working days.

### 9) Is 3D/4D Ultrasound scanning safe?

Since its introduction 30 years ago there has been no evidence to suggest that Ultrasound scanning presents any risk to the mother and baby. This is being monitored on an ongoing basis by experts at the British Medical Ultrasound Society. The Ultrasound output levels of our 3D and 4D scanning equipment, GE Voluson E8, are no more than the traditional 2D scanning equipment used.

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